Activities to do in the Park: Blindfolded explorations of sound

The quarry pond is full of sounds. If you sit blindfolded on the ground/ bench for a few minutes, you will be amazed what you can hear.

Describe the sounds and try to find out what makes them. Please stay seated while you do so; remember there is water around.

A matter of trust: in the conifer canyon you can lead a blindfolded friend through the sound that surrounds them. (The only area where blindfolded walking is recommended).